

MASK POLICY

All persons who enter our practice space are required to wear a well-fitting Kn95 or N95 mask that covers face and nose.

The only exceptions to this rule are as follows:

- For staff and students, masks may be temporarily removed when drinking water.
- For staff, masks may be temporarily removed when eating (students are not permitted to eat inside the facility).

VACCINATION POLICY

- Students and visitors entering our practice space will be asked to provide proof of vaccination against COVID-19 or proof of a negative COVID-19 test within 72 hours of arrival.

SOCIAL DISTANCING POLICY

- We recommend all students remain socially distant when possible, within the practice space.

EXPOSURE AND REPORTING POLICY

- If an individual DOES have a known exposure to COVID-19 or has displayed symptoms of COVID-19 in the last 14 days prior to class the student must get a COVID-19 test and the following must be followed based on the result:
 - If an individual tests positive, they remain in isolation for 5 days from the end of symptoms. They do not need to retest after the stated isolation period but should continue to mask and social distance when returning to activities (per CDC guidelines).
 - If an individual tests negative, they are welcome to immediately return to activities.
- If an individual believes they have had any exposure to COVID-19, they shall immediately cease entering our facility and shall alert the teacher if they have been on the premises since their exposure.

AN IMPORTANT NOTE ABOUT VENTILATION

- **The exterior doors will be open during all classes no matter the outside temperature. Please dress accordingly.**