**SEATTLE KOKON TAIKO**

**FALL AND WINTER 2025/2026**

**MASKING AND COVID POLICY**

**MASK POLICY**

We suggest that all people who enter our practice space wear a **well-fitting N95 or Kn95** mask while indoors if they have recently traveled out of state or have been in contact with a person who has been ill. Please follow the guidelines below if you are unsure if you should attend a class. \*

**If you have new respiratory symptoms**

Do not attend class if you’ve had new respiratory-like symptoms (like cough, sore throat, or fever) in the past 10 days.

**If you have tested positive for COVID-19**

You may attend only if:

* It’s been at least 10 days since symptoms began
* You’ve been fever-free for 24 hours (without fever-reducing medication)
* Your symptoms are improving

**If you were recently exposed to respiratory viruses, including COVID-19**

You may visit if you have no symptoms. Masking at all times is strongly encouraged.

**VACCINATION POLICY**

* Proof of vaccination is no longer required.

**SOCIAL DISTANCING POLICY**

* We no longer recommend all students remain socially distant, when possible, within the practice space.

**EXPOSURE AND REPORTING POLICY**

* If an individual DOES have a known exposure to COVID-19 or has displayed symptoms of COVID-19 in the last 14 days prior to class the student must get a COVID-19 test and the following must be followed based on the result:
	+ If an individual tests positive, they should remain in isolation for 5 days from the end of symptoms. They do not need to retest after the stated isolation period but should continue to mask and social distance when returning to activities (per CDC guidelines).
	+ If an individual tests negative, they are welcome to immediately return to activities.
* If an individual believes they have had any exposure to COVID-19, they shall immediately cease entering our facility and shall alert the teacher if they have been on the premises since their exposure.

**AN IMPORTANT NOTE ABOUT VENTILATION**

* The exterior doors may be open during classes no matter the outside temperature. Please dress accordingly.

**\* Subject to change. If COVID 19 case numbers rise in King County, SKT may once again require the use of a well-fitting N95 or Kn95 masks while indoors.**